This PBS Workshop Series is a product of a joint effort between Family and Community Services (ADHC), Northcott, Cerebral Palsy Alliance & The Junction Works.
This training calendar makes accessible a variety of behaviour support workshops to people working in the non-government sector; from direct care staff to managers and practitioners.

One purpose of the workshop series is to increase the knowledge, skills and confidence in assisting people with intellectual disability using positive behavior support.

A second purpose to the workshop series is providing workshop attendees an opportunity to register interest in a Train-the-Trainer Program.

This initiative is designed to support sector development and aide the transfer of PBS training package curriculum developed by the Behaviour Support Team, ADHC to the funded sector.

The Train-the-Trainer Program involves co-facilitating workshops from this series at your workplace venue, along-side a trainer. Through co-facilitation, the training package curriculum and skills in facilitating the workshop are transferred to your organisation for future internal use.

(please see the table over the next page for more details)

These workshops (and any subsequent train-the-trainer program delivered) are available free of charge as part of an ADHC funded capacity building initiative in behavior support across the Sydney, South East Sydney and South West Sydney Districts of Family and Community Services.

This initiative is funded until the end of September 2017 to support a handover of specialist behaviour support knowledge and promoting a skilled and capable workforce in readiness for the transition to a National Disability Insurance Scheme (NDIS).
RULES FOR WORKSHOP NOMINATION

Booking Procedure

- To register a booking please contact the organisation delivering the workshop directly. See contact details at bottom of each workshop flyer.

- Each participant must complete a booking form to register. There will be NO bookings made via email correspondence only.

- The booking form information includes these details: Your name, Your Role, Service Provider Contact details (phone number, email address) and the name, contact details and authorisation of your manager.

General Rules for determining places at a workshop are:

- First come first served basis, however;

- There will be an initial limit of 4 people per agency per workshop;

- Funded non-government service providers will have preference over all other agencies.

- Priority will be given to funded service providers in the Sydney, South East and South West Districts of Family and Community Services.

- A waiting list will be maintained for those interested in attending but, not eligible to receive a priority booking. Those on the waiting list will be notified if there are vacancies closer to the workshop date.

- Notification of non-attendance is a requirement. Persons confirmed to attend a workshop must notify the organisation delivering the event if they are unable to attend. If notification does not occur, that person and/or service provider may not be able to book at future workshops.

General Information

- Every Workshop flyer contains a map with the venue location
- In all instances catering for lunch will not be provided
- Morning / afternoon refreshments will be available
- Certificates of Attendance will be issued on the day to attendees
- Booking agents will notify participant’s confirmation of their booking
- Booking agents will notify participant’s of any workshop cancellations
- All participants will be asked to complete an evaluation form
TRAIN-THE-TRAINER PROGRAM

Once you have attended a nominated PBS workshop in the series, your funded service can register an expression of interest to participate in the Train-the-Trainer Program. Signing up to participate in this initiative requires nominating a suitable staff member from your organisation that agrees to co-facilitate the nominated PBS workshop along side our trainer at your organisation.

The Train-the-Trainer Program will involve co-facilitating the nominated training package at your workplace along side our trainer. Completion of this co-facilitation process then permits your organisation to deliver future internal workshops using the Training Package Curriculum and Resources developed by the Behaviour Support Team (ADHC).

Steps in the Process

<table>
<thead>
<tr>
<th>Attend a PBS Workshop Series session</th>
<th>Request support to deliver this workshop at your organisation</th>
<th>Co-facilitate this workshop with a trainer</th>
<th>Take-Over</th>
</tr>
</thead>
<tbody>
<tr>
<td>Potential Trainers attend one of the PBS workshop series training sessions. See calendar of scheduled training sessions.</td>
<td>Make a referral requesting the presenter to come and co-facilitate this workshop with you at your organisation.</td>
<td>As a potential trainer you will have the opportunity to pair up with the trainer and co-facilitate the workshop within your organisation.</td>
<td>Gain access to the Training Package and resources to take over and run future courses on your own.</td>
</tr>
</tbody>
</table>

Need More Information:

If you need more information on this initiative, at the time you make a booking please speak to the agency delivering the workshop. Alternatively enquiries can be made with the workshop trainer the day you attend.
# 2016 PBS Workshops Calendar

## July – December 2016

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop</th>
<th>Presenter</th>
<th>Venue</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>July</strong></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>29&lt;sup&gt;th&lt;/sup&gt; July</td>
<td>Restricted Practice Authorisation (RPA) for Panel Members</td>
<td>Family and Community Services Building 6 Lithgow Street Campbelltown NSW 2560</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td><strong>August</strong></td>
<td></td>
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<tr>
<td>23&lt;sup&gt;rd&lt;/sup&gt; August</td>
<td>Autism Spectrum Disorder</td>
<td>Northcott</td>
<td>Burwood RSL 96 Shaftesbury Rd, Burwood 2134</td>
<td>6</td>
</tr>
<tr>
<td><strong>September</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13&lt;sup&gt;th&lt;/sup&gt; September</td>
<td>Restricted Practice Authorisation (RPA) for panel members</td>
<td>Cerebral Palsy Alliance 224-244 Restwell Road Prairiewood NSW 2176</td>
<td>7</td>
<td></td>
</tr>
<tr>
<td>27&lt;sup&gt;th&lt;/sup&gt; September</td>
<td>Positive Behaviour Support and Restricted Practice Authorisation (RPA) for Frontline Staff</td>
<td>Cerebral Palsy Alliance</td>
<td>St George Leagues Club 124 Princes Hwy, Beverley Park NSW 2217</td>
<td>8</td>
</tr>
<tr>
<td><strong>October</strong></td>
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<tr>
<td>5&lt;sup&gt;th&lt;/sup&gt; October</td>
<td>Self Injurious Behaviour &amp; Self-Care (intermediate Level course)</td>
<td>The Junction Works 135 Thirteenth Avenue, Austral NSW 2179</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td><strong>November</strong></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>24&lt;sup&gt;th&lt;/sup&gt; November</td>
<td>Positive Behaviour Support &amp; Communication</td>
<td>Northcott</td>
<td>Campbelltown RSL 1 Carberry Ln, Campbelltown NSW 2560</td>
<td>10</td>
</tr>
<tr>
<td><strong>December</strong></td>
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<tr>
<td>8&lt;sup&gt;th&lt;/sup&gt; December</td>
<td>Mental Health &amp; Intellectual Disability</td>
<td>The Junction Works</td>
<td>Hurstville Training Rooms 124 Forest Rd, Hurstville, NSW 2220</td>
<td>11</td>
</tr>
</tbody>
</table>
### RESTRICTED PRACTICE AUTHORISATION FOR PANEL MEMBERS

**Presented By**

[NSW Family & Community Services](https://www.facs.nsw.gov.au)

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>29th July</td>
<td>Start: 9.30am Finish: 3.30pm</td>
<td>Family and Community Services Building 6 Lithgow Street Campbelltown NSW 2560</td>
</tr>
</tbody>
</table>

**Workshop Description:** Service providers are required to develop and maintain an RPA mechanism where behaviour support for a person involves the use of restricted practices. This course provides panel members with an overview of the operational requirements to assist setting up a panel at your organisation, guidance with the process of decision-making and the opportunity to participate in a mock RPA panel to gain practical experience as a panel member and examine common grey area scenarios.

Max Participants = 20

**Target Group:** This workshop is designed for senior level staff within organisations with relevant experience and delegation / authority to participate in or oversee an RPA Panel.

**To Register:**
Please complete [Nomination Form](#) and email nominations to: RBIT.intakeandreferrals@facs.nsw.gov.au

**Enquiries:**
Benjamin Fulham, Behaviour Support Team
Department of Family and Community Services
T 02 4629 1600

**Address:** 6 Lithgow Street Campbelltown NSW 2560

**Suggested Parking:** Free all day parking is available by turning onto Dumaresq Street

**Public Transport:** Campbelltown train station is within close walking distance of the office

**Location Map:**

[Family and Community Services Office Location Map](#)
**AUTISM SPECTRUM DISORDER**

**Presented By**

Northcott

**Date**

23rd August

**Time**

Start: 9.30am  
Finish: 3.30pm

**Location**

Burwood RSL  
96 Shaftesbury Rd, Burwood  
2134

**Workshop Description:** The course provides participants with an understanding of the development of Autism Spectrum Disorder (ASD) in childhood and the impact of ASD and sensory processing difficulties on learning and behaviour. Supporting people with ASD using a strengths-based approach to learning is explored and just how tools and strategies are used to enhance communication and develop social skills.

Max Participants = 25

**Target Group:** This workshop is an introductory course and does not assume any prior knowledge of Autism Spectrum Disorder (ASD). The workshop is designed to develop an overall understanding / appreciation of ASD.

**To Register:**

Please complete and email nominations to: jeramy.nusco@northcott.com.au

**Enquiries:**

Jeramy Nusco Behaviour Support Coordinator  
1 Fennell Street, North Parramatta NSW 2151  
T 02 9890 0508

**Location Address:**

96 Shaftesbury Rd, Burwood 2134

**Suggested Parking:** Free all-day parking available

**Public Transport:** Burwood train station is within close walking distance of Burwood RSL

**Location Map:**

Burwood RSL
RESTRICTED PRACTICE AUTHORISATION FOR PANEL MEMBERS

Presented By
Cerebral Palsy Alliance

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>13th September</td>
<td>Start: 9.30am</td>
<td>Cerebral Palsy Alliance</td>
</tr>
<tr>
<td></td>
<td>Finish: 3.30pm</td>
<td>224-244 Restwell Road</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Prairiewood NSW 2176</td>
</tr>
</tbody>
</table>

Workshop Description: Service providers are required to develop and maintain an RPA mechanism where behaviour support for a person involves the use of restricted practices. This course provides panel members with an overview of the operational requirements to assist setting up a panel at your organisation, guidance with the process of decision-making and the opportunity to participate in a mock RPA panel to gain practical experience as a panel member and examine common grey area scenarios.

Max Participants = 20

Target Group: This workshop is designed for senior level staff within organisations with relevant experience and delegation / authority to participate in or oversee an RPA Panel.

To Register:
Please complete
Nomination Form and email nominations to:
training@cerebralpalsy.org.au

Enquiries:
Training Alliance
187 Allambie Rd, Allambie Heights, NSW 2100
P 02 9975 8715

Location
Address: 224-244 Restwell Road, Prairiewood
Suggested Parking: free on-site parking available
Public Transport: Bus from Fairfield Station

Location Map:
Cerebral Palsy Alliance Office
RESTRICTED PRACTICE AUTHORISATION (RPA) FOR FRONTLINE STAFF

Presented By

Cerebral Palsy Alliance

Date
27th September

Time
Start: 9.30am
Finish: 3pm

Location
St George Leagues Club
124 Princes Hwy, Beverley Park NSW

Workshop Description: This course provides an overview of Positive Behaviour Support and the factors commonly influencing challenging behaviour. The course defines prohibited practices and describes each of the 6 types of restricted practices that can be authorised for use. The course covers the legal and policy context for restricted practices authorisation along with work practice responsibilities for staff using a restricted practice when providing behaviour support to people with an intellectual disability.

Max Participants = 25

Target Group: This one day training workshop is designed for disability support workers providing behavior support to people with an intellectual disability.

To Register:
Please complete Nomination Form and email nominations to: training@cerebralpalsy.org.au

Enquiries:
Training Alliance
187 Allambie Rd, Allambie Heights, NSW 2100
P 02 9975 8715

Address: 124 Princes Hwy, Beverley Park NSW
Suggested Parking: free parking on-site
Public Transport: Carlton train station is within walking distance (10 minute walk)

Location Map:

St George Leagues Club
# SELF INJURIOUS BEHAVIOUR & SELF-CARE (INTERMEDIATE LEVEL)

**Presented By**

![Junction Works Logo]

## Workshop Details

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
</table>
| 5th October| **Start:** 9.30am  
**Finish:** 3.40pm | The Junction Works  
135 Thirteenth Ave, Austral  
NSW 2179 |

**Workshop Description:** This one day training workshop provides a comprehensive overview of Self Injurious Behaviour (SIB) including knowledge of factors that influence and maintain the behaviour. Understanding the importance of data collection when assessing SIB and the tools and strategies used in behaviour support for someone engaging in Self-injurious behaviours. Support and self-care strategies for staff working with SIB are included in the course along with the opportunity to develop a self-care plan.

Max Participants = 25

**Target Group:** The training is designed for disability sector staff with existing experience in working with Self Injurious Behaviours and want to further knowledge and understanding of assessment and intervention.

**To Register:**
Please complete [Nomination Form](#) and email nominations to: Symposium@thejunctionworks.org

**Enquiries:**
Susan Green, Senior Psychologist  
135 Thirteenth Avenue, Austral NSW  
P (02) 8777 0500

- **Address:** 135 Thirteenth Ave, Austral NSW 2179  
- **Suggested Parking:** free parking on-site  
- **Public Transport:** Bus from Leppington train station

**Location Map:**

![The Junction Works Office Map]
**POSITIVE BEHAVIOUR SUPPORT & COMMUNICATION**

**Presented By**

[Logo]

**Date**

24th November

**Time**

Start: 9.30am
Finish: 4.30pm

**Location**

Campbelltown RSL
1 Carberry Lane,
Campbelltown NSW 2560

**Workshop Description:** The introductory course provides an overview of legislation on the rights of people with disability, the concept of Duty of Care and working with challenging behaviour. The course describes Positive Behaviour Support (PBS) and the principles that make PBS effective. The course explores how to be an effective communication partner and implement positive behaviour support plans using both preventative and reactive strategies. The purpose of collecting behaviour data and the types of data collection methods (including incident report writing) is covered.

<table>
<thead>
<tr>
<th>Max Participants = 25</th>
<th><strong>Target Group:</strong> This one day training workshop is designed for disability care staff to develop an awareness of the positive approach to behavior support for people with an intellectual disability.</th>
</tr>
</thead>
</table>
| **To Register:**      | **Enquiries:**
| Please complete        | Jeremy Nusco Behaviour Support Coordinator
| [Nomination Form] and  | 1 Fennell Street, North Parramatta NSW 2151
| email nominations to:  | P: 02 9890 0508
| jeramy.nusco@northcott.com.au |                                                                                                                                                                                                 |
| **Location**           | **Address:** 1 Carberry Lane, Campbelltown NSW 2560
|                        | **Suggested Parking:** Free all day parking is available by turning onto Dumaresq Street
|                        | **Public Transport:** Campbelltown train station is within close walking distance of the office

**Location Map:**

Campbelltown RSL
**Mental Health & Intellectual Disability**

**Presented By**

The Junction Works

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**Date**

8th December

**Time**

Start: 9.30am  
Finish: 4.30pm

**Location**

Hurstville Training Rooms  
124 Forest Rd, Hurstville,  
NSW 2220

**Workshop Description:** This course develops a broad awareness of mental health issues, including the risk factors, stigma and prejudice affecting people with intellectual disability. The course provides knowledge of positive mental health principles and the use of preventative strategies that promote good mental well-being in people with intellectual disability and covers the four most common psychiatric conditions in a disability context including Anxiety, Depression, Bipolar and Schizophrenia disorders.

Max Participants = 25

**Target Group:** This one day workshop provides a disability context to common psychiatric conditions and is recommended for staff providing support to people with an intellectual disability and co-occurring mental disorders.

**To Register:**

Please complete Nomination Form and email nominations to: Symposium@thejunctionworks.org

**Enquiries:**

Susan Green, Senior Psychologist  
135 Thirteenth Avenue, Austral NSW  
P (02) 8777 0500

**Location Map:**

Forest Road Training Rooms

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**Address:** 124 Forest Rd, Hurstville, NSW 2220

**Suggested Parking:** on-site parking is limited. Westfield Centre has free parking a short distance.

**Public Transport:** Hurstville train station is within close walking distance of the venue.